

Assignment Checklist

PHYSICAL EDUCATION



This is just a helpful checklist of all the assignments for the 4th nine weeks. To keep track, check off your completed PE assignments you turn in.

Week assigned	Assignment	Points	Turned in ✓
<i>Week 1 & 2</i>	No PE Assignments	N/A	N/A
<i>Week 3 (April 13 – 17)</i>	Questionnaire	4	
<i>Week 4 (April 20 -24)</i>	My Own Activity Pyramid	4	
<i>Week 5 (April 27 – May 1)</i>	95210 Tracking Chart	4	
<i>Week 6 (May 4 – 8)</i>	PE Circuit Recording Sheet	4	
<i>Week 7 (May 11-15)</i>	Weekly Exercise, Nutrition and Hydration Tracking	4	
<i>Week 8 (May 18 – 22)</i>	Fitness Fun!	4	

NOTE: You **DO NOT** need to turn in this checklist.